

APPETIZERS & SOUP

CHICKEN DUMPLINGS (8) \$6.99
(2) 8p. 115-300 cal • (1) 4p. 115-300 cal (4) \$3.99
Dumplings stuffed with chicken, cabbage, shallots, ginger and green onions.

CREAM CHEESE WONTONS (6) \$6.49
(2) 6p. 250 cal • (1) 3p. 250 cal (3) \$3.39
Cream cheese blended with green onions and diced water chestnuts in a crisp wonton. Hand made.

VEGETABLE SPRING ROLLS (4) \$7.49
(2) 4p. 220 cal • (1) 2p. 220 cal (2) \$3.99
Crispy wrap filled with cabbage, green onions, noodles, mushrooms and carrots.

CHICKEN EGG ROLLS (2) \$5.49
(2) 2p. 180 cal • (1) 1p. 180 cal (1) \$2.99
Delicious crispy egg rolls filled with chicken, carrots, cabbage, mushrooms and celery.

EDAMAME \$5.49
(2) 150 cal • Soybeans steamed until tender and perfect.

ASIAN LETTUCE WRAPS \$9.69
(2) 270 cal • House-ground chicken with shiitake mushrooms, scallions, water chestnuts, and garlic. Wok-tossed in a savory soy sauce and served with lettuce cups.

WONTON SOUP (Large) \$8.49
(2) Large 130 cal • (1) Medium 130 cal (Medium) \$4.89
Wontons, shrimp, chicken breast, carrots, broccoli and mushrooms.

FRIED RICE & CHOW MEIN

FRIED RICE • (2) 320-490 cal \$7.99
Perfectly seasoned fried rice with egg, bean sprouts, carrots, onions and peas.

CHOW MEIN • (2) 360-570 cal \$7.99
Tender noodles with onions, cabbage, celery, carrots and bean sprouts in a sweet black sauce.

Add Chicken, Steak, or Shrimp for \$2.99.

NOODLES \$11.69

NEW DRUNKEN NOODLES • (2) 430-790 cal
辣 Spicy - Stir fried rice noodles, red bell peppers, sliced marinated chicken breast, white and green onions, fresh basil, garlic and chili wok'd in a savory sweet and spicy sauce.

GF PAD THAI with Chicken or Tofu • (2) 640-980 cal
Rice noodles in our tangy Pad Thai sauce with green and white onions, carrots, cilantro, egg, peanuts and bean sprouts.

Substitute Steak or Shrimp for \$1.99.

SALAD \$10.69

GF SIGNATURE CHINESE CHICKEN SALAD • (2) 350 cal
Romaine and iceberg, all natural grilled chicken breast, carrots, mandarin oranges, sesame seeds and wonton strips with our Signature Honey Ginger dressing.

Additional nutrition information is available upon request.
2,000 calories a day is used for general nutrition advice, but calorie needs vary.

CHICKEN ENTREES \$11.69

CLASSIC FAVORITES

NEW FIRECRACKER • (2) 590 cal • Starts sweet, finishes with a
辣 spicy kick, garnished with green onions.

ORANGE • (2) 570 cal • A sweet & tangy citrus delight.

CRISPY HONEY • (2) 680 cal • Crispy chicken breast in a sweet honey sauce, garnished with green onions.

HOUSE SPECIAL • (2) 580 cal • A caramelized sauce of white wine, garlic and soy with green onions.

辣 KUNG PAO • (2) 440 cal • A blazing sauce with seared chilies, peanuts, water chestnuts, zucchini and dry chili peppers.

GRILLED

GF GRILLED BOURBON • (2) 300 cal • Tender grilled chicken tossed in our sweet and savory bourbon sauce.

GF GRILLED TERIYAKI CHICKEN & VEGETABLES • (2) 250 cal
Grilled chicken, broccoli and carrots in a sweet soy teriyaki sauce.

STEAMED (All natural marinated chicken breast)

辣 GF THAI COCONUT CURRY • (2) 290 cal • Marinated chicken breast with fresh red peppers, carrots, white onions and broccoli in our creamy Thai coconut curry sauce.

NEW THAI BASIL CASHEW • (2) 290 cal • Marinated chicken breast
辣 wok-tossed with red bell peppers, onions, basil leaves, red chili peppers and cashews in our savory sweet and mildly spicy cashew sauce.

GF GARLIC • (2) 230 cal • Marinated chicken breast with freshly wok'd garlic, broccoli, carrots, zucchini, water chestnuts and snap peas in a sweet black sauce.

GF CHICKEN & VEGETABLES • (2) 180 cal • Marinated chicken breast with broccoli, carrots, zucchini, water chestnuts and snap peas in a white wine sauce.

NEW STEAK ENTREES \$12.69

GF MONGOLIAN • (2) 380 cal • Wok-seared steak with garlic, scallions and mushrooms tossed in a rich and sweet soy sauce.

GF BEEF & BROCCOLI • (2) 400 cal • Wok-seared steak, garlic, ginger, scallions and broccoli tossed in a rich and sweet soy sauce.

辣 KUNG PAO • (2) 490 cal • Wok-seared steak in a blazing sauce with seared chilies, peanuts, water chestnuts, zucchini and dry chili peppers.

WILD CAUGHT ALASKAN SALMON \$12.99

GF GRILLED TERIYAKI SALMON • (2) 130 cal • Grilled wild caught Alaskan salmon glazed in teriyaki sauce. Served with wok-tossed fresh red peppers, carrots, broccoli and onions.

Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium. Prices subject to change.

SHRIMP ENTREES \$12.69

NEW CRISPY SHRIMP • (2) 320-340 cal • Crispy shrimp tossed with your choice of Honey or Firecracker sauce. Served with fresh wok-tossed broccoli, carrots, red peppers and onion.

辣 KUNG PAO • (2) 400 cal • A blazing sauce with seared chilies, peanuts, water chestnuts, zucchini and dry chili peppers.

GF GARLIC • (2) 390 cal • Freshly wok'd garlic, broccoli, carrots, zucchini, water chestnuts and snap peas in a sweet black sauce.

GF SHRIMP & VEGETABLES • (2) 340 cal • Succulent shrimp with broccoli, carrots, zucchini, water chestnuts and snap peas in a white wine sauce.

TOFU ENTREES \$11.69

NEW FIRECRACKER • (2) 520 cal • Starts sweet, finishes with a
辣 spicy kick, garnished with green onions.

辣 GF THAI COCONUT CURRY • (2) 360 cal • Fresh red peppers, carrots, white onions and broccoli in our creamy Thai coconut curry sauce. *Contains fish sauce.*

辣 KUNG PAO • (2) 340 cal • A blazing sauce with seared chilies, peanuts, water chestnuts, zucchini and dry chili peppers. *Contains chicken stock.*

HOUSE • (2) 570 cal • A caramelized sauce of white wine, garlic and soy with green onions.

All entrees served with your choice of Steamed White Rice (2) (180 cal) or Brown Rice (2) (160 cal). Substitute Fried Rice (2) (470 cal) or Asian Noodles (2) (435 cal) for \$2.49.

NEW FAMILY VALUE PACKS

FAMILY VALUE PACK FOR 3 • (3) 850-1170 cal \$34.99
2 Chicken Entrees, 4 Cream Cheese Wontons, 4 Crispy Dumplings, Choice of Fried Rice or Chow Mein, White or Brown Rice, and 4 Chocolate Dipped Fortune Cookies.

FAMILY VALUE PACK FOR 4-5 • (5) 850-1170 cal \$45.99
3 Chicken Entrees, 4 Cream Cheese Wontons, 4 Crispy Dumplings, Choice of Fried Rice or Chow Mein, 2 White or Brown Rice, and 8 Chocolate Dipped Fortune Cookies.

FAMILY VALUE PACK FOR 6-7 • (7) 850-1170 cal \$58.99
4 Chicken Entrees, 8 Cream Cheese Wontons, 8 Crispy Dumplings, Choice of Fried Rice or Chow Mein, 3 White or Brown Rice, and 8 Chocolate Dipped Fortune Cookies.

Upgrade Chicken to Steak or Shrimp for \$1.00 per Entree, Steamed White or Brown Rice to Fried Rice or Asian Noodles for \$2.49 per Side, 4 Cream Cheese Wontons or Crispy Dumplings to 2 Chicken Egg Rolls for \$2.50.

辣 SPICY **GF GLUTEN FREE** **AsiaFit** FULL FLAVOR UNDER 400 CALORIES PER SERVING

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